

Nutrition Solutions for Me

Registered dietitians · Medical nutrition therapy · Insurance accepted
678-250-DIET (3438) · nutritionolutionsforme.com

Fax referrals to

866-850-2765

We contact your patient
within two business hours

HOW TO REFER

1. Fax our referral form (or your own) with the diagnosis code, recent notes and labs (A1c, lipids, BP, medications).
2. A patient coordinator calls your patient to schedule.
3. We send progress notes back to your office.

Medicare: covers medical nutrition therapy for diabetes and chronic kidney disease with a physician referral. Please include the diagnosis code. Other conditions are self-pay under Medicare.

WHERE PATIENTS ARE SEEN

- **Suwanee:** 3135 W Mathis Airport Pkwy, Suite 200, Suwanee, GA 30024
- **Lawrenceville:** 1755 North Brown Rd, Suite 200, Lawrenceville, GA 30043
- **Video visits** from home in Georgia and 24 other states

IN-NETWORK WITH

Aetna Aetna Medicare Advantage Alliant Health Plans

Allied Benefit Systems Ambetter

Anthem / Blue Cross Blue Shield Cigna

First Choice Health Network Humana Medicare

Meritain Health Oscar UnitedHealthcare

UnitedHealthcare Medicare Advantage UMR

Coverage depends on the plan; we verify benefits before the first visit.

WHAT WE TREAT

PCOS Diabetes & Prediabetes Kidney Disease (CKD)

Heart Health & Metabolic Syndrome Weight Management

GLP-1 Nutrition Support Thyroid Gut Health

Women's Hormones Autoimmune Conditions

Eating Disorders Ethnic & Vegetarian Diets

Sports Nutrition Oncology (Cancer) Nutrition

Tube Feeding & Formulas Surgery & Wound Healing

Pregnancy & Postpartum Children & Family Nutrition

General Health & Prevention

Any medical condition affected by diet.

OUR REGISTERED DIETITIANS

- **Deepa Narayanaswamy, RD, LD** · English, Hindi, Tamil, Telugu (conversational)
- **Rhea Sharma, RD, LD**
- **Lisa Nguyen, RD, LD** · English, Vietnamese
- **Tameka Watson, RD, LD**
- **Rachel Caylor, RD, LD**
- **Parul Shah, RD, LD** · English, Gujarati, Hindi, Marathi

Spanish-speaking patients can have our on-staff interpreter join the visit.

WHY REFER TO US

- Targeted nutrition care for blood sugar, cholesterol and weight goals
- Lifestyle counseling that may reduce the need for costly interventions
- Measurable progress that supports quality metrics
- Progress notes sent back to your office

Referral form and details: nutritionolutionsforme.com/patient-referral
Questions? Call 678-250-3438 · Phones answered Mon–Fri 8 AM–5:30 PM

